



January 2022 Volume 2, Issue 1 www.whitneylibrary.org 254-694-4639

Library News

BLUEBONNET BOOKS ARE HERE!

Check out the newest books on this and next year's
Texas Bluebonnet Award (TBA) list. The TBA selection
committee is responsible for the selection of the books
on each year's master list. Suggestions are solicited
from librarians, teachers, parents, students and other interested persons. Stop by and check some out today!



TEXAS WORKFORCE COMMISSION



Workforce Solutions for the Heart of Texas, www.hotworkforce.com, is your launch pad to success in Bosque, Falls, Freestone, Hill, Limestone, and McLennan counties. Here you will find training on resume writing, job interviewing, and job search techniques. Employers use this site to find candidates who match their

required skills. You can also apply for jobs which are of interest to you. The site serves as a repository for your resume, job notes, referrals, and more. Get started by creating an account and get a leg up on the competition. Schedule an appointment with a Career Coach by calling 254-659-7650. Use the Texas Workforce Commission website, www.twc.texas.gov, for job information and resources across the entire state. Whichever site you use, it's a great way to start the new year!

COVID-19 TESTING

Hill County is continuing to provide COVID-19 testing at the county fair-grounds. Register online at https://bit.ly/hlbcovidtest for faster service. Drop-ins are welcome too.

MAKING NEW YEAR'S RESOLUTIONS

Resolution-setting is a way to articulate values, and going through a pro-

cess to confirm and publicly share them is an extremely helpful framing exercise that can guide our actions and improve our lives, whether or not we make certain progress on specific articulations of them. Chances are that more



than 90% of people will fail to achieve their resolutions, with most having abandoned them by the end of January!

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100 BOOKS BEFORE KINDERGARTEN

Research shows that the most reliable predictor of school success is being read to at home during early childhood. The brain develops more rapidly during the first three years of a child's life than at any other time during the lifespan. Reading to children from an early age can help close the vocabulary gap and prepare children to enter kindergarten with the skills they need to succeed. Most important, sharing books with children promotes a lifelong love of books and reading. From www.upstart.com



The library is sponsoring "100 Books Before Kindergarten", a program for young readers. It's easy! Just register at the front desk, read to your child, or have your child read to you or on their own. Log the activity on the sheet provided, and present the completed log to the librarian and receive the medal earned by your child.

LARGE PRINT BOOKS



In 1969, the Texas Legislature passed the Texas Library Systems Act which created the framework for the 10 regional systems. One of the several services they provide is a selection of Large Print books which are circulated among the member libraries. The library has the books for 120 days at which time they are returned for another 50 books; therefore, 150 new books are available each year! Take advantage of this valuable resource; each book may be checked out for three weeks.

HILL COLLEGE SPRING TERM

Now is the time to register for technical and academic programs at Hill College in Hillsboro. Get started by going to www.hillcollege.edu/Admissions Aid/ApplyNow/. Information on courses and financial assistance is provided.

Hill College provides high quality, comprehensive educational programs and services. The college enhances the educational, cultural, and economic development of its service area and prepares individuals for a more productive life.

ADULT COLORING CLASS

Think spending hours coloring is only a childhood pastime? Think again! With the countless health benefits of coloring for adults, it might be time to pull out the crayons, colored pencils and markers!



Coloring has the ability to relax the fear center of your brain, the amygdala. It induces the same state as meditating by reducing the thoughts of a restless mind. Coloring requires the two hemispheres of the brain to communicate. While logic helps us stay inside the lines, choosing colors generates a creative thought process.

Coloring requires you to focus, but not so much that it's stressful. It opens up your frontal lobe, which controls organizing and problem solving, and allows

you to put everything else aside and live in the moment, generating focus. From www.Beaumont.org

Join the library's **Adult Coloring class Wednesdays at 3:00**. You'll find it's an uplifting way to unwind.

NEUROMOVEMENT—CALL TO RESERVE YOUR PLACE

Anat Baniel Method® NeuroMovement® is a holistic approach that utilizes movement in all its forms. This approach helps upgrade the functioning of your brain, which in turn helps you learn and think better, overcome pain and move better, and achieve new



levels of performance. Classes led by Julie Pederson will resume on January 28 at 1:00, and every Friday thereafter. Please call 254-694-4639 to reserve your place.

LIBRARY ACTIVITIES

LAKE WHITNEY AMATEUR RADIO SOCIETY JAMBOREE

Amateur radio came into being after radio waves (proved to exist by Heinrich Rudolf Hertz in 1888) were adapted into a communication system in the 1890s by the Italian inventor Guglielmo Marconi. In the late 19th century there had been amateur wired telegraphers setting up their own interconnected telegraphic systems. Following Marconi's success many people began experimenting with this new form of "wireless telegraphy". Information on "Hertzian wave" based wireless telegraphy systems (the name "radio" would not come into com-



mon use until several years later) was sketchy, with magazines such as the November, 1901 issue of *Amateur Work* showing how to build a simple system based on Hertz' early experiments.

Source: Wikipedia.com

Still today, there are thousands of amateur radio enthusiasts, even here in Whitney! Join in the Jamboree to be held on the library grounds from Saturday, January 29, 9:00 AM through Sunday, January 30, 12:00 PM. You will have the opportunity to talk with fellow enthusiasts in other states, and perhaps other countries.

BOOK CLUB—SELECTIONS FOR 2022

Month	Title	Author
Jan 25	The Good Sister	Sally Hepworth
Feb 22	You're Not Listening	Kate Murphy
Mar 22	A Million Reasons Why	Jessica Strawser
Apr 26	Something Unfortunate	Mike Farris—Meet the Author!
May 24	The Myth of Perpetual Summer	Susan Crandall - Skype with the author!
Jun 28	Animal Farm	George Orwell
Jul 26	The Nature of Fragile Things	Susan Meissner
Aug 23	West with Giraffes	Lynda Rutledge
Sep 27	Flight of the Sparrow	Amy Belding Brown
Oct 25	Twelve Mighty Orphans	Jim Dent
Nov 15	The Beantown Girls	Jane Healey
Dec 13	Book Selection/Christmas Luncl	heon

The Book Club meets every 4th Tuesday at 1:30 PM except for November and December.

Jan. 2022

E BOOK RESOURCES

YOU'LL NEVER HAVE TO PAY FOR THEM... OR RETURN THEM!

E-Read Texas for Kids - https://e-readtxkids.biblioboard.com/home. From Kindergarten to 8th Grade

E-Read Texas for Adults - biblioboard.com Check out all types of books from healthy eating and crafts to biographies and novels. With 23 curations, there's something for everyone!

SimplyE - https://www.nypl.org/books-music-movies/ebookcentral/simplye

Open Library - https://openlibrary.org/

A collection of over 200,000 free eBooks. Begin by clicking "sign up" in the top right hand corner. Make sure when searching that "Show only eBooks" is checked.

<u>Internet Archive</u> - https://archive.org/

Contains a wide range of fiction, popular books, children's books, historical texts and academic books.

<u>Project Gutenberg</u> - http://www.gutenberg.org/

Offers over 42,000 free eBooks: choose among free ePub books, free Kindle books.

<u>Lit2Go</u> - https://etc.usf.edu/lit2go/

Lit2Go is a free online collection of stories and poems in Mp3 (audiobook) format. An abstract, citation, playing time, and word count are given for each of the passages. Many of the passages also have a related reading strategy identified. Each reading passage can also be downloaded as a PDF and printed for use as a read-along or as supplemental reading material for your classroom.

<u>LibriVox</u> - https://librivox.org/

LibriVox volunteers record chapters of books in the public domain, and then release the audio files back onto the net for free.

Scribl - https://scribl.com

Free and books for purchase

ThoughtAudio - thoughtaudio.com

Free audio books for a selection of classic literature and philosophy titles. Click a title to access the audio and pdf document.

DigitalBook - https://www.digitalbook.io/

A place to find free public domain audio books and eBooks. You can explore over 100,000 Kindle, ePUB, and audio books using their free bookshelves. A powerful search engine not only looks hard for free digital books from great sources such as Librivox, Gutenberg, Google Books, and Open Library, but also includes results from Amazon to give you the best choice.

LearnOutLoud - https://www.learnoutloud.com/ Audio Books, and Podcasts, free and for purchase.

DID YOU KNOW?

Did you know your skin sheds?

The current skin you're in will be gone in a month—our skin sheds 30,000 to 40,000 skin cells each day. In fact, over 100 of those cells probably flaked off while you were reading this sentence. However, it rejuvenates just as quickly as it deteriorates. Regular exfoliation twice a week helps get rid of lingering skin cells to make room for a fresh layer.



Source: Reader's Digest

DID YOU KNOW?

ESL CLASSES OFFERED

The King Memorial United Methodist Church is sponsoring English as a Second Language (ESL) classes beginning Monday, January 24, and every Monday. Classes run from 5:30 to 7:30 PM, and are free of charge. Free child are is available. Sign up for classes on Monday, January 10. The church is located at 502 S. Colorado St. in Whitney.



THE LAUGH OUT LOUD SECTION

Knock-knock. Who's there? Tobias. Tobias who? Aren't you going Tobias some ice cream?

Q: Why did the crowd boo the chicken at the baseball game? A: Because it committed a fowl.

Q: Why can't cats ever finish watching a movie?

A: Because they keep "paws-ing" it.

From 500+ Jokes Tongue-Twisters + Fun Facts which you can check out at the library!



HOW MAPLE SYRUP IS MADE

The process starts with drilling a tap hole into a maple tree. A spout is

inserted to direct the sap to either a bucket or into tubing that sends the sap to a large collection tank at the sugar house or a central collection area using a vacuum pump. A percentage of the water from the sap is removed before boiling. An evaporator is where the boiling takes place. As the water in the sap evaporates, the sap thickens. When the thermometer in the pan reaches 219



degrees the syrup is ready to draw off. Even though it looks like the finished product it will still need to be filtered, adjusted for density and graded for flavor and color. It takes roughly 40 gallons of sap to make one gallon of maple syrup!

Adapted from vermontmaple.org



LIBRARY CALENDAR—SPONSORED ITEMS IN RED

January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 New Year's Day
2 Science Fiction Day	3 Mind-Body Wellness Day	4 Braille Day	5 Bird Day	6 Cuddle Up Day	7 Orthodox Christmas	8 Battle of New Orleans
9 Law Enforcement Appreciation	10 Enroll ESL Meth.Ch 5:30	11 Milk Day	12 Pharmacist Day	13 Garden Club 10 :30	14 Dress Up Your Pet Day	15 Martin Luther King Day
16 National Nothing Day	17 Civil Rights Day	18 Thesaurus Day	19 Popcorn Day	20 Medicare & You 2-4:00	21 Hugging Day	22 Celebration of Life Day
23 National Pie Day	24 ESL @ Meth.Ch. 5:30	25 Book Club 1:30	26 Spouses Day	27 Holocaust Remembrance	28 Neuromovement 12:00	29 Amateur Radio Jamboree
30 Amateur Radio Jamboree	31 Backward Day					

February 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 National Freedom Day	2 Groundhog Day	3 Women Physicians Day	4 Neuromovement 12:00	5 Weatherperson's Day
6 Frozen Yogurt day	7 ESL @ Meth.Ch. 5:30	8 Boy Scout Day	9 Pizza Day	10 Garden Club 10:30	11 Neuromovement 12:00	12 Lincoln's Birthday
13 World Radio Day	14 ESL @ Meth.Ch. 5:30	15 Book Giving Day	16 National Almond Day	17 Medicare & You 2-4:00	18 Neuromovement 12:00	19 Amateur Radio
20 Love Your Pet Day	21 ESL @ Meth.Ch. 5:30	22 Book Club 1:30	23 Battle of the Alamo	24 National Chili Day	25 National Pancake Day	26 Pistachio Day
27 Pokemon Day	28 ESL @ Meth.Ch. 5:30					

March 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Bachelor's Day	2 Mardi Gras	3 Texas Independence Day	4 National Anthem Day	5
6 Nat'l Day of Unplugging	7 ESL @ Meth.Ch. 5:30	8 International Women's Day	9 National Meatball Day	10 Garden Club 10:30	11 Promposal Day	12 Girl Scout Day
13 K9 Veteran's Day	14 ESL @ Meth.Ch. 5:30	15 Consumer Rights Day	16 National Corn Dog Day	17 Medicare & You 2-4:00	18 Awkward Moments Day	19 Amateur Radio
20 Int'l Day of Happiness	21 ESL @ Meth.Ch. 5:30	22 Book Club 1:30	23 Meterologi- cal Day	24 Cheesecake Day	25 Medal of Honor Day	26 Purple Day
27 World Theater day	28 ESL @ Meth.Ch. 5:30	29 Mom & Pop Business Day	30 Nat'l I Am In Control Day	31 National Crayon Day		